



**ZURICH**

**Zurich Services  
Vermont Utilization Review Precertification List  
Effective 3-25-2011**

All surgeries  
Hospital length of stay review  
Chiropractic care beyond 6-12 sessions  
Occupational or Physical therapy beyond 6-12 sessions  
Work hardening / work conditioning  
Imaging studies- MRI, CT Scans, etc  
Pain Management  
Electro diagnostic studies (EMG/NCV)  
Home Health Care  
Facet Injections  
Epidural Steroid Injections  
Investigational or Experimental procedures (IDET, VAX-D, Artificial Disks etc)  
Large DME items that cost more than \$500

**Items that do not a need Utilization Review Referral**

Referrals to specialist  
Routine lab work  
Medications / Pharmacy Items  
Routine x-rays  
Durable Medical Equipment under \$500  
Referrals to specialist  
Office Visits  
Initial MRI's  
Physical Therapy first 6-12 sessions  
Occupational Therapy first 6-12 sessions  
Chiropractic Care first 6-12 sessions  
Medical supplies  
Routine Medications and Pharmacy Items  
Cortisone injections  
Urgent or Emergency Care for Life threatening conditions.